

# REPORT OF THE POLICE SERVICE

TO

## THE CHATHAM-KENT POLICE SERVICES BOARD

**Board Report Number:** 5.2 (Regular)  
**Date of Report:** March 22, 2017  
**Date of Board Meeting:** April 18, 2017  
**Reference:** POLICE EAP  
**Recommendation:** Accept this Report for Implementation Purposes

### Overview:

POLICE EAP was founded by Dr. Henry Svec, a psychologist who has a passion for Policing and assists Police Officers with mental illness such as depression and PTSD. POLICE EAP provides a confidential tool that ensures officers are not identified in any way, nor are their specific police service locations. This is accomplished through a generic code that is used to access the various services on the web site. Officers are constantly requesting this function of anonymity, and POLICE EAP is pleased to provide it to them to eliminate this barrier for use.

POLICE EAP allows the officers the ability to obtain information and the tools to assist them in the everyday pressures of the "job". In many cases this is all the officers will need but they may opt to get more assistance if they feel it is necessary, which is a positive step.

POLICE EAP is pleased to report that during the 2016 Calendar Year, 1,485 officers and/or their family members utilized [www.policeEAP.com](http://www.policeEAP.com) and 1,037 used the specific tool "The Stress Vaccine" to manage their stress. A total of 17,418 users took advantage of the 15 tools located on the site.

Sergeant Gabe Tetrault is our EAP Peer support coordinator and has assessed the site. Sgt. Tetrault feels that it is worth a donation of \$500.00 to give our members another tool to access and use against the ever mounting stresses of the "job". We will then monitor the members use over a one year period and see if it is worthwhile to continue. We urge the Board to take the time and view the web site [www.policeEAP.com](http://www.policeEAP.com).

POLICE EAP are asking police services across the country to consider site sponsorship of \$500 or \$1,000 for the calendar year 2017. The new benefit this year is listing the names of those services that contribute on the [www.policeEAP.com](http://www.policeEAP.com) web site as well as other sponsors.

Prepared by: \_\_\_\_\_  
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Approved by: \_\_\_\_\_  
Chief G. Conn